



Vesela G.



Postpartum wellness is my passion

I first became interested in the postpartum period during my second pregnancy in 2016. My passion grew as I studied postpartum period, drawn by the emotional and spiritual implications 4th trimester has on the life of both mother and child. In 2018 I became trained as a Postpartum Professional, helping women recover postpartum, and a little after that I started my DONA International Postpartum training. Also I am DONA International Member.

My success is in the success of my clients

I find great fulfillment in joining women on their journey on the path to motherhood and discovering their innate powers of creation through pregnancy, birth and beyond.

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Postpartum maternal care specialist (doula),
educator & belly binder

Vesela G.





My Vision

...where every mother deserves the utmost love, care and attention.

I truly believe that every woman benefits from investing in a 'Positive Postpartum'.

My Mission

It is my life's work to change our cultural paradigm that insinuates that women need to 'bounce back from birth' into their old lives but instead to support and educate the women that I work with to honor this time of "Matrescence" as a period of deep significance, spirituality and power...



My Background in Postpartum maternal care



Postpartum Professional

Newborn Mothers Collective Advanced Training for Postpartum Professionals

Postpartum Doula Program Graduate

DONA International

Lactation Management for Doulas Certificate Holder

Lactation Education Resources (LER)

PMAD Screening & Referral Training

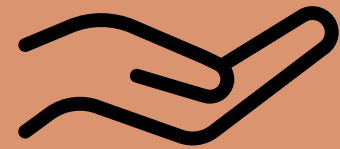
Seleni Institute

Bereaved Parents Training

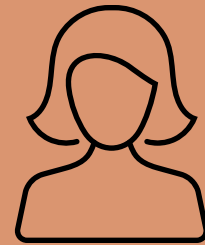
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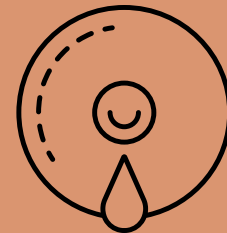
Certifications



Certified
Postpartum
Professional



Postpartum
Doula



Lactation
Consultant



PMAD Screening
& Referral
Certificate



Caring for
Bereaved
Parents



Birth Trauma Training for Birth Professionals

Dr Erin Bowe, PhD (Clin. Psych)

Introductory Aromatherapy Certificate Holder

Udemy

Relaxation Massage

Isla Verde Spa Training Academy

Belly Binding for Birth Professionals

LBB Inc.

Professional Diploma in Nutrition

Ongoing education

Master Diploma in Herbalism

Ongoing education

My Background in Postpartum maternal care



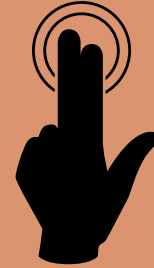
Certifications



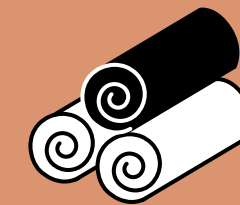
Birth Trauma
Specialist



Introductory
Aromatherapy
Certificate



Relaxation
Massage
Therapist



Postpartum Belly
Binder Expert



Newborn Assessment Training

Griffith University

Infant Microbiome Certificate Holder

Microbirth School

Certified Childcare Provider

National Center on Shaken Baby Syndrome

Adult, Child, Infant CPR & Basic First Aid Training

FirstAidWeb Inc.

Baby Massage Training

CoE

Basic Montessori Course Certificate Holder

Hand in hand Foundation

My Background in Postnatal care



Certifications



Infant Microbiome Science Graduate



Childcare Provider



Infant CPR & Basic First Aid Expert



Baby Massage Therapist



Montessori Graduate



Mommy of two

I am a wife and a mommy of two beautiful little boys.

Motherhood has completely changed my life and I absolutely love it!

Travel enthusiast

Exploring different places, and having the ability to appreciate different cultures has always been a dream of mine.

We are so busy with everyday life, children, and work that sometimes we forget to enjoy simple things like traveling.

Studying Midwifery

I attended the International Business University and received a Bachelor of International Business Relations. Then life happened and I became deeply interested in women health and care. I'm practicing as a doula and learning everything I can about pregnancy, birth and beyond. My desire to care of people let me right here - to start my education in Midwifery...

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My Life Outside of Postpartum Care



“The moment a child is born, the mother is also born. She never existed before. The woman existed, but the mother, never. A mother is something absolutely new.”



Let's get postpartumly fit together!

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